



CSKA 44th Annual Southern OPEN TOURNAMENT

Traditional Shobu-Ippon Style!

*for more info and online
entry scan the QR code or
go to trackie.com!*



EVENTS FOR ALL AGES AND LEVELS

- ✓ KUMITE
- ✓ KATA
- ✓ TEAM AND INDIVIDUAL
EVENTS

May 2nd, 2026
9:00AM - 5:00PM

<https://www.trackie.com/event/CSKASouthern2026>



(403) 874-4014



WWW.CANADIANSHOTOKAN.CA



MIDSUN COMMUNITY CENTRE
50 MIDPARK RISE SE
CALGARY, AB

CANADIAN SHOTOKAN KARATE ASSOCIATION

B17, 6020 2nd Street SE Calgary, Alberta
info@canadianshotokan.ca Phone (403) 874-4014



CANADIAN SHOTOKAN KARATE ASSOCIATION

Dear Instructor:

I would like to take this opportunity to invite you and your students to our Annual Shobu Ippon Tournament.

This year's event will be held at Midsun Community Association on May 2nd, 2026. Please have your competitors register at <https://trackie.com/event/CSKASouthern2026> before April 30th.

We are looking forward to a very exciting competition.

Qualified judges from all styles are welcome. So, if you or any of your members are certified please let me know, we can certainly use you.

Looking forward to seeing you all there.

Yours truly,

John Hanratty

Head Instructor

www.canadianshotokan.ca

Vice President

www.wska-karate.com

Technical chairman

Shotokan International Alliance. SIA

B17, 6020 2nd Street SE Calgary, Alberta
info@canadianshotokan.ca Phone (403) 874-4014



CSKA KARATE TOURNAMENT

May 2nd 2026

**MIDSUN COMMUNITY ASSOC
MIDPARK RISE SE
CALGARY**

ENTRY PACKAGE

TOURNAMENT NOTICE

DATE:	May 2 nd 2026 9.00am –5.00pm
LOCATION:	Midsun Community Association. 50 Midpark Rise. SE Calgary Closest Hotel: Wingate Inn, (403) 514-0099 Super 8 Shawnessy (403) 254-8878 Travel lodge Mcleod Trail (403) 253-7070 (cheapest)
DEADLINE:	April 30th 2026
WAIVER:	Please ensure all competitors have completed and signed the waiver as part of the registration package at https://trackie.com/event/CSKASouthern2026
EQUIPMENT:	Kumite competitors must provide their own fist protectors, mouth guards, and groin cups.
ENTRY FEES:	\$35.00 per event, Kata <i>or</i> Kumite \$35.00, Team Kata \$35.00 Team Kumite
PROCEDURE:	Registration can be completed at https://trackie.com/event/CSKASouthern2026

PLEASE NOTE ALL KUMITE WILL BE SHOBU IPPON
NO TEAM KATA ENTRIES WILL BE ACCEPTED ON TOURNAMENT DAY

CRITERIA FOR DECISION OF INDIVIDUAL KUMITE MATCH.

CRITERIA FOR AWARDING IPPON

Ippon shall be awarded to a contestant who has scored a 'Full Ippon' or an 'Awasete Ippon'.

1. Full Ippon

1.1 Full Ippon is awarded to a contestant when a scoring technique is recognized by the Panel of Judges as Ippon.

1.2 Full Ippon is awarded to a contestant when his opponent loses the match due to foul, disqualification or retirement.

2. Awasete Ippon

When a contestant scores two Waza-ari's during a match, these two Waza-ari's in combination shall be considered as an 'Awasete Ippon'.

3. In case a contestant first scores a Waza-ari and then an Ippon, he will obtain a Full Ippon.

CRITERIA FOR VICTORY BY DECISION.

In the absence of victory by Ippon, victory by decision can be awarded on the basis of the following criteria, relating to each competitor:

- whether there has been Waza-ari,
- whether there has been a warning for a foul,
- the number of escapes outside the match area,
- the excellence in the fighting attitude,
- the ability and skill,
- the degree of the vigour and fighting spirit,
- the number of attacking moves,
- the excellence in the strategy used.

SCORING AREAS.

The scoring areas shall be limited to the following:

- the head
- the neck
- the chest
- the abdomen • the back.

CRITERIA FOR A SCORING TECHNIQUE

1. A scoring technique is a powerful technique delivered with control to the recognized scoring areas under the following conditions:

- good form
- good attitude
- strong vigour
- "zanshin"
- proper timing
- correct distance

2. Techniques can only score if they are:

- delivered with 'full bodyweight' (Kime)
- delivered perpendicular to the scoring area
- directed to the axis of the body.

EVALUATION OF A SCORING TECHNIQUE.

1. To evaluate a technique Judges shall consider the potential of the technique, which means the effect the technique would have had if it was not controlled in a proper way. Contact is not required

to score.

2. To evaluate a technique Judges shall not only consider the potential effectiveness of the technique, but also the attitude of the competitor.
3. A scoring technique delivered simultaneously with the Referee's command "Yame" shall be counted into the score.

CRITERIA FOR SCORING A WAZA-ARI.

When a scoring technique is recognised to be **effective**, it will be classed as Waza-ari. A scoring technique is considered to be effective if it has the clear potential to reduce significantly, even for a short time, the capability of the opponent to compete.

CRITERIA FOR SCORING ANIPPON.

When a scoring technique is recognised to be **decisive**, it will be classed as Ippon. A scoring technique is considered to be decisive if it has the clear potential to reduce to zero, even for a short time, the capability of the opponent to compete.

ADDITIONAL CRITERIA FOR SCORING AN IPPON.

Effective techniques delivered under the following conditions shall be considered as Ippon:

- an attack delivered with perfect timing when the opponent started to move towards the attacker,
- an attack delivered immediately when the opponent was unbalanced by the attacker,
- a combination of effective attacks,
- a combined use of 'nage' techniques and effective attacks,
- when the opponent has lost his fighting spirit, • when there is no attempt to defend against the attack,
- when there is no chance to defend against the attack.

NON-ACCEPTANCE OF TECHNIQUES.

1. Techniques delivered under the following conditions shall not be considered as valid, even if they were accompanied by sufficient power:
 - when a contestant fails to deliver a technique the moment he has seized his opponent, • when a contestant fails to deliver a technique the moment, he has unbalanced his opponent.
2. A technique, delivered after the Referee's command "Yame" shall not be recognized as a score, nor shall it constitute a base for decision.
3. Techniques delivered from outside the match area shall be invalid. However, if the contestant delivering such a technique was within the boundary of the match area when he delivered the technique, it shall be considered as valid.
4. In a case where a technique is combined with a prohibited act or technique, the technique will not be considered, and the Panel of Judges will make a decision on the prohibited act or technique.
5. Scoring techniques simultaneous delivered by both contestants, shall not score (Aiuchi).

PROHIBITED ACTS AND TECHNIQUES.

The following acts and techniques are prohibited:

1. Dangerous actions: acts or techniques that invoke a risk of injury or a reduction in the opponent's capability to compete, namely:
 - 1.1 uncontrolled attacks or techniques,
 - 1.2 techniques which make excessive contact,
 - 1.3 attacks to the upper and lower limbs,
 - 1.4 open hand techniques to the face,
 - 1.5 attacks to the groin,
 - 1.6 attacks to the hip joint, the knee joint, the instep and the shin,

CANADIAN SHOTOKAN KARATE ASSOCIATION

- 1.7 grabbing, unless immediately followed up by a technique,
 - 1.8 clinching or bodily crashing against the opponent unnecessarily,
 - 1.9 dangerous throws,
 - 1.10 lack of regard for his own safety (Mubobi).
2. Improper behavior (Taido): acts that demonstrate improper behaviour, namely :
- 2.1 failing to obey the orders of the Referee,
 - 2.2 overexcitement, to such an extent that the contestant is considered by the Judges as a danger to his opponent,
 - 2.3 any act or acts of a contestant considered as malicious or wilfully violating the rules prohibiting them,
 - 2.4 any unsporting behaviour such as verbal abuses, provocation or needless utterances, °
 - 2.5 any behaviour likely to bring karate into disrepute (this includes coaches, manager or anybody connected with the contestant),
 - 2.6 wearing a karate-gi which does not conform to the specifications (see the Appendix "Official dress code"),
 - 2.7 all acts which are deemed as violating the rules of the match.
3. Avoidance of contest (Jogai): acts or techniques who are demonstrating intended or unintended avoidance of contest, namely:
- 3.1 Moves wasting time,
 - 3.2 Moves avoiding contest,
 - 3.3 Escaping from the match area.

CANADIAN SHOTOKAN KARATE ASSOCIATION
CRITERIA FOR DECISION IN KATA MATCH.

CRITERIA FOR DECISION IN KATA MATCH.

Judgment of Kata shall be based on three different criteria:

1. The basic performance,

The fulfilment of the criteria of the basic performance is essential for a kata execution to be acceptable. It will allow the Judges to evaluate the performance with an initial overall appreciation.

2. The advanced performance,

The fulfilment of the criteria of the advanced performance upgrades the kata performance. It will allow the Judges to finetune their first evaluation.

3. The occurrence of mistakes or poorly executed techniques.

The occurrence of mistakes or poorly executed techniques will reduce the appreciation of the kata performance by the Judges. The reduction will be proportional to the seriousness and the number of mistakes or poorly executed techniques.

THE CRITERIA FOR THE BASIC PERFORMANCE OF A KATA.

The following basic points have to appear in each performance of a kata:

1. The prescribed Kata sequence and techniques.

Kata is the execution of a coherent sequence of karate techniques. For each kata those techniques and their sequence are well defined. The performance of the kata shall clearly demonstrate the required sequence as well as each prescribed technique.

2. The demonstration of the appropriate understanding of the Kata sequence and Techniques.

3. The 3 fundamental criteria for the proper execution of Karate techniques, namely:

- Control of Kime
- Control of Extension and Contraction
- Control of Speed

THE CRITERIA FOR THE ADVANCED PERFORMANCE OF A KATA.

Judges will notify the specific points and the degree of difficulty of the performed kata. Judgment will be based on:

1. the mastery of techniques by the contestant,

- Direction of movements
- Stances
- Coordination
- Stability

2. the degree of difficulty and risk he/she puts into the performance,

- Head turning
- Perfection
- Harmony
- Breathing
- Embusen

3. the Martial attitude of the contestant.

- Stops
- Kiai
- Spirit
- Eye Focus (Chakugan)

4. The artistic and stylish quality of the performance,

- Rhythm
- Ceremony

THE OCCURRENCE OF MISTAKES OR POORLY EXECUTED TECHNIQUES.

As a third criterion for decision the Judge shall note the occurrence of mistakes or poorly executed techniques.

1. A mistake is:

- the incorrect sequence of the techniques,
- the non-execution of a prescribed technique,
- the execution of a non-prescribed technique.

The occurrence of a mistake must be confirmed by the Panel of Judges.

2. Poor execution: techniques which are poorly executed shall not be counted as mistakes but shall be judged accordingly.

3. Contestants performing a kata other than that announced by the referee will be disqualified.

METHODS OF JUDGING OF KATA MATCH

METHODS OF DECISION – POINTS SYSTEM.

- Upon completion of the Kata, the Referee shall call for the Corner Judges' decisions. Then immediately the Referee and Corner Judges will raise the Score Board with their decision.
- The Recorder shall calculate the final score as follows: out of seven scores received, the highest and lowest shall be dropped and the remaining five scores shall be totalled.

CANADIAN SHOTOKAN KARATEASSOCIATION

CATEGORIES

Little Tigers 5-7	Kata LT1	Kumite LT2			
Ages 9 and under Pee-Wee	Kata	Kumite	Ages 10-11	Kata Boys/Girls	Kumite Boys/Girls
Beginner White – Orange	PW1	PW2		YB1 G1	YB2 G2
Novice Green –Purple	PW3	PW4		YB3 G3	YB4 G4
Advanced Brown Black				YB5 G5	YB6 G6
Ages 12-13	Male Kata	Female kata		Male Kumite	Female Kumite
Beginner White – Orange	B1	YF1		B2	YF2
Novice Green –Purple	B3	YF3		B4	YF4
Advanced Brown Black	B5	YF5		B6	YF6
Ages 14-15	Male Kata	Female Kata		Male Kumite	Female Kumite
Beginner White – Orange	B7	YF7		B8	YF8
Novice Green –Purple	B9	YF9		B10	YF10
Advanced Brown Black	B11	YF11		B12	YF12
Ages 16-17	Male Kata	Female Kata		Male Kumite	Female Kumite
Beginner White – Orange	YM1	F1		YM2	F2
Novice Green –Purple	YM3	F3		YM4	F4
Advanced Brown Black	YM5	F5		YM6	F6
Adult 18+	Male Kata	Female Kata		Male Kumite	Female Kumite
Adult beginner White-Orange	M1	AF1		M2	AF2
Adult novice Green-Blue	M3	AF3		M4	AF4
Advanced Brown -Black	M5	AF5		M6	AF6
Teams	Club	Team name			
Team Kata (junior)	1				
	2				
	3				
Team Kata Senior	Club	Team name			
	1				
	2				
	3				

Categories may be combined if entry numbers are non-competitive